

# PMP® Project Management Professional – Training Schedule

Our schedule follows a tried-and-tested **best practice** and guarantees seamless **practical** application through a variety of **interactions** and **exercises**. On the following slide, we present the **tools** you will learn. We are happy to integrate additional tools to meet your specific needs.

	Day 1	Day 2	Day 3	Day 4
Morning	<p><b>Organisational matters:</b> Introductions, agenda, training concept</p> <p><b>LESSON 1: Foundation</b></p> <ul style="list-style-type: none"> <li>• Fundamentals of project management: concepts, development approaches and cycles</li> </ul> <p><b>LESSON 2: The big picture Project</b></p> <p><b>Interaction &amp; Feedback</b></p>	<p>Recap, Q&amp;A</p> <p><b>LESSON 4: Team, Conflict, and Knowledge</b></p> <ul style="list-style-type: none"> <li>• Methods and theories of team building</li> <li>• Team leadership strategies</li> </ul> <p><b>Interaction &amp; Feedback</b></p>	<p>Recap, Q&amp;A</p> <p><b>LESSON 5: Core Planning: Scope, Value, Resources, Finance, Risk</b></p> <ul style="list-style-type: none"> <li>• Planning and managing resources</li> <li>• Developing scope and value</li> </ul> <p><b>Interaction &amp; Feedback</b></p>	<p>Recap, Q&amp;A</p> <p><b>LESSON 7: Execution, Monitoring, Change, and Impediments</b></p> <ul style="list-style-type: none"> <li>• Managing and controlling changes</li> <li>• Managing Risk, Change &amp; Performance</li> <li>• How to balance risks and challenges with project objectives.</li> </ul> <p><b>Interaction &amp; Feedback</b></p>
Afternoon	<p><b>LESSON 2: The big picture</b></p> <ul style="list-style-type: none"> <li>• Vision, stakeholders and governance</li> <li>• Identifying, analysing and engaging stakeholders</li> </ul> <p><b>LESSON 3: Stakeholders, Vision, and Communication</b></p> <ul style="list-style-type: none"> <li>• Defining Scope, Value &amp; Success Criteria</li> <li>• Defining project success &amp; scope</li> <li>• Ensuring value creation</li> </ul> <p><b>Interaction &amp; Feedback</b></p>	<p><b>LESSON 4: Team, Conflict, and Knowledge</b></p> <ul style="list-style-type: none"> <li>• Ensuring knowledge transfer</li> </ul> <p><b>LESSON 5: Core Planning: Scope, Value, Resources, Finance, Risk</b></p> <ul style="list-style-type: none"> <li>• Project Planning, Resources &amp; Finance</li> <li>• Development of the Project Management Plan</li> <li>• Discussion of scope, schedule, costs, risks and quality</li> </ul> <p><b>Interaction &amp; Feedback</b></p>	<p><b>LESSON 6: Integrated Planning</b></p> <ul style="list-style-type: none"> <li>• Procurement, Quality and Scheduling</li> <li>• Planning and optimising the quality of products and services</li> <li>• Creating an integrated project management plan</li> </ul> <p><b>LESSON 7: Execution, Monitoring, Change, and Impediments</b></p> <ul style="list-style-type: none"> <li>• Monitoring progress and ensuring coordination</li> <li>• AI integration</li> </ul> <p><b>Interaction &amp; Feedback</b></p>	<p><b>LESSON 8: Business Environment Dynamics, Closure &amp; Continuous Improvement</b></p> <ul style="list-style-type: none"> <li>• Managing Project Closure</li> <li>• Assessing changes in the external business environment</li> </ul> <p><b>LESSON 9: Summary &amp; Recap / Next steps</b></p> <ul style="list-style-type: none"> <li>• How to? PMI registration</li> <li>• Where? Resources</li> <li>• How to? PMP exam under ECO 2026</li> </ul> <p><b>Feedback</b></p>
Goal	<p>Understanding of PMP® terminology and methodologies, and an understanding of stakeholder dynamics and the project vision.</p>	<p>Knowledge of effective team leadership and the structured development of a project management plan.</p>	<p>Ability to carry out integrated planning and to manage implementation, monitoring and changes within the project.</p>	<p>An understanding of the business environment and optimal preparation for the PMP® exam in line with ECO 2026.</p>

# Our quality commitment and certifications

We measure our work by **our clients' success**. We deliver tried-and-tested solutions, **continuously** refine **our methods**, and thereby ensure long-term quality, impact and competitive strength. We also hold all the standard industry certifications. Furthermore, we have strategic **partnerships** that help us to constantly improve our services.

## We consistently apply our clients' methods consistently ourselves

### Applying waste reduction (Lean):

- Continuous **development of all services in line with** Lean Six Sigma principles
- Lean **digitalisation and AI approach**
- Certified experts who undergo structured training for trainers

### Applying Voice of the Customer (VOC):

- **Using customer feedback** as a key driver for deriving optimisation measures
- Rapid **implementation of adjustments** to respond directly to new requirements
- Regular **quality reviews** and assessment of each optimisation measure

## Customer testimonials (Excerpt from Google 2025)



IfP Institut für Projektmanagement  
Düsseldorf

4,9 ★★★★★ 100 Rezensionen ⓘ  
Berufsbildende Schule in Düsseldorf

## Our Certifications



# Only with us – the full course and more in our free e-learning programme

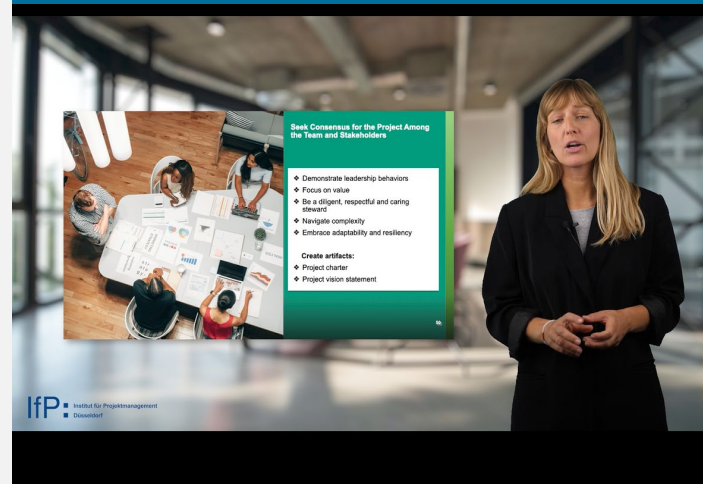
**Free e-learning:** The videos from our e-learning programme, selected specifically for our customers, support participants in their learning success and ensure long-term retention. All materials and content can be found there. This ensures that, even after the training, questions are answered, topics are explored in greater depth, and updates and templates are available.

## E-learning impressions

### Introductory video



### Presentation video



### Downloads

- Fragen Business Environment
- PMP Prüfungsdetails

- Zusammenfassung & Anleitung Portal
- PMP Workbook

## Your benefits

1

**All content** is always up to date and **continuously updated**

2

Ready-to-use **templates of the PMP® tools** for practical application

3

**Test questions** to assess your level of knowledge and **consolidate your understanding**

4

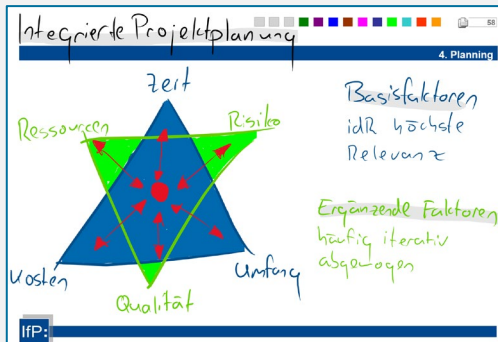
**Lasting understanding thanks to** the entire course content being available for review at any time

# Only with us – A consistent practical focus with a workshop-style approach

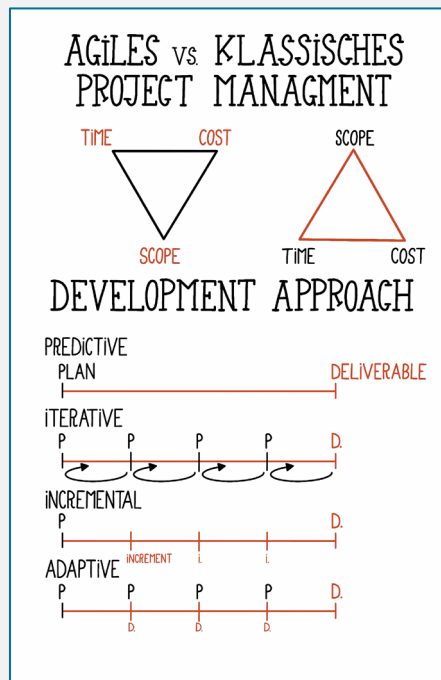
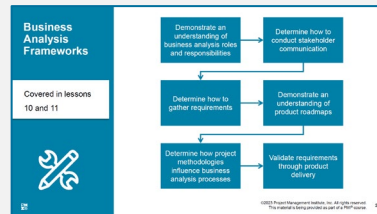
Our training courses are based on a didactically **diverse mix of media** that appeals to different learning channels, thereby enabling lasting learning success. We combine various formats such as interactive live sessions, **practical exercises, digital learning modules**, videos and reflection tasks. This variety ensures that content is not merely conveyed, but actively applied and firmly embedded in the long term.

## Workshop-style

Custom-created **flipcharts for topic overviews, live development of content**, knowledge consolidation with **Mentimeter**, and group exercises using **Mural, Whiteboards and Teamboards**.



Jointly developed slides



## Your benefits

**1 Workshops** instead of lectures to ensure long-term knowledge retention and motivation

**2 Use of established PMP® tools** during the course to provide targeted training in their confident application

**3 Active, self-directed just-in-time learning through the use of a variety of digital and analogue media**

**4 Individual adaptation of your project experience** in line with PMI standards

# Only with us – trainers with up-to-date practical consulting experience

Our team consists of experienced and **qualified trainers and consultants** who, in addition to their sound professional training, have extensive practical experience. They understand the real-world **challenges of everyday working life** and apply this **knowledge specifically in their coaching sessions**. As a result, they not only convey theoretical content but also provide participants with **practical support in developing** concrete solutions.

Laurin Lücke



## SENIOR CONSULTANT & TRAINER

B.Eng & M.Sc. Product Design & Process Development  
Process optimisation, quality, error & root cause analysis, project management expert in traditional, agile and hybrid project management.

**Certified Lean Six Sigma Master Black Belt, PMP®  
SAFe Consultant, Scrum Master®**

Markus Böckmann



## SENIOR CONSULTANT & TRAINER

Entrepreneurship  
Lean & Quality Management, Project Management  
Expert in Traditional, Agile and Hybrid Project Management

**Certified Lean Six Sigma Black Belt, PMP® &  
Scrum Master®**

Damian Helten

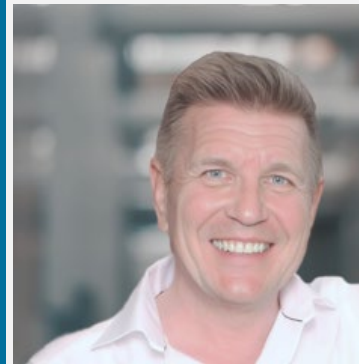


## CONSULTANT & TRAINER

B.Sc. in Psychology & M.Sc. in Psychology  
Project management expert in traditional, agile and hybrid project management. Extensive experience in statistics.

**PMP® & Scrum Master® & Certified Six Sigma  
Green Belt**

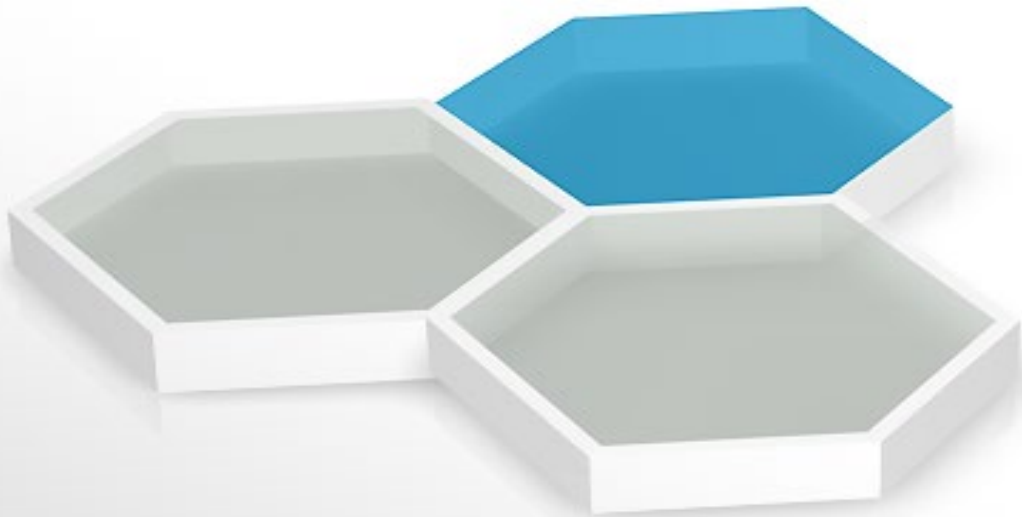
Helmut Fuchs



## PARTNER & TRAINER

MA in Social Sciences  
Process & Systems Expert, BPMN 2.0® Process Specialist in Robotic Automation, Digitalisation Expert:  
2 publications: Digitalisation Requires Leadership

**Certified Lean Six Sigma Black Belt & Scrum  
Master®**



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